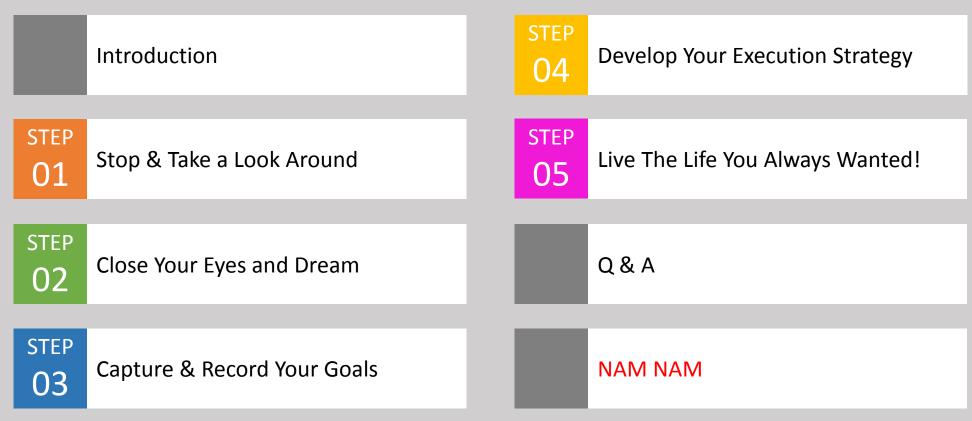


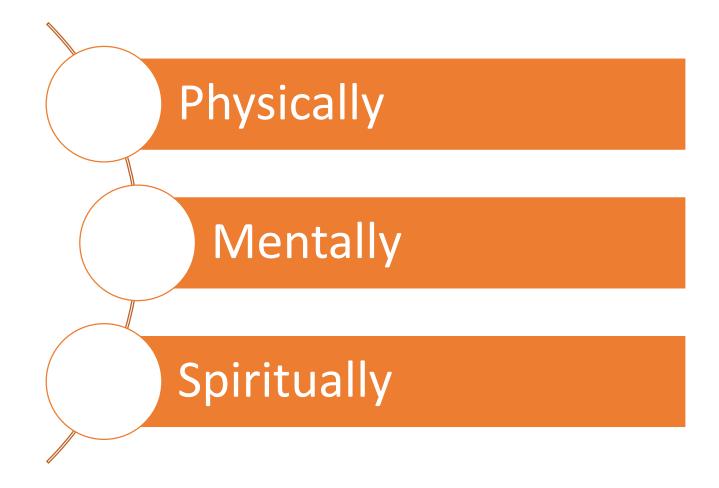
Agenda





Introduction

Stop & Take a Look Around



Close Your Eyes & Dream

The First Wall you'll ever HIT is YOU!

Dreams gives us a Destination....

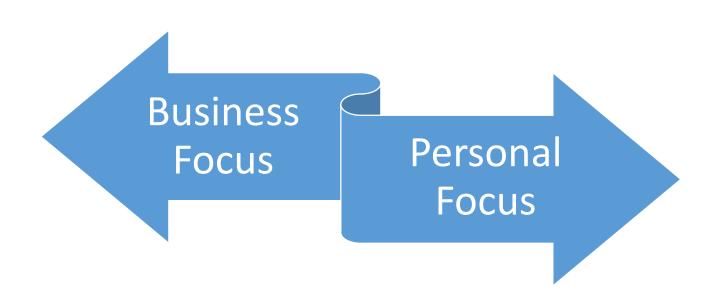
What Gives us the Energy is...

Capture & Record Your Goals

Quality of Life

VS

Standard of Life



Physical Financial Spiritual Career Mental Family Social

Are your Goals S.M.A.R.T?

Specific Strategic

Measurable Meaningful

Agreed Attainable

Realistic Rewarding

Time-bounded Teambuilding

Evaluated Empowering

Reviewed Rewarding

5 Steps for Capturing & Recording your Goals

1 Write Down your S.M.A.R.T. Goals

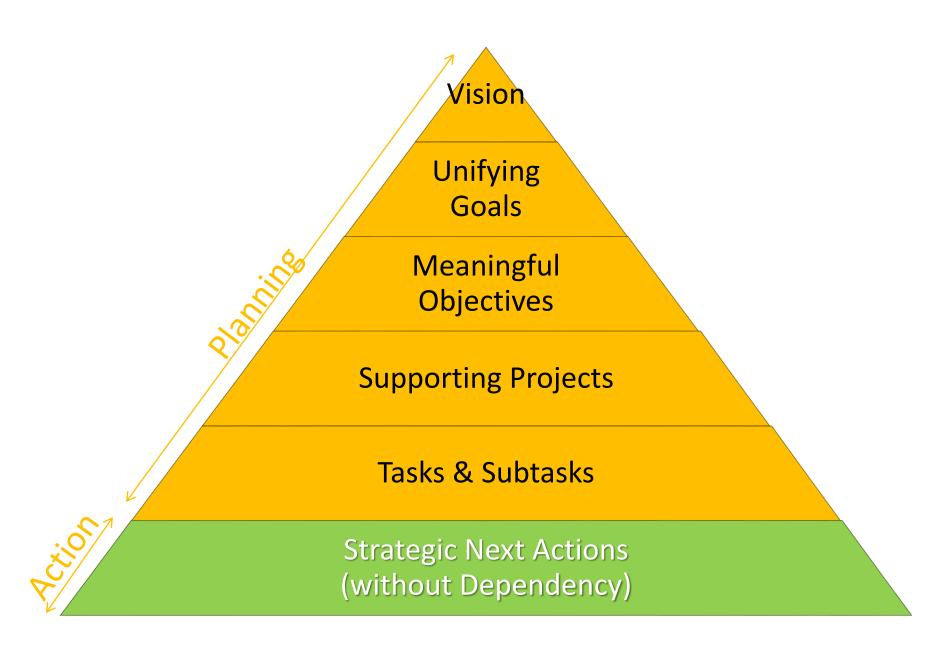
2 Spell out the details of the WHY!

3 Identify the obstacles / WALLS you have to overcome

4 Spell out What you need to KNOW in order to realize your goal

Jidentify the Groups & organizations you need to work with

Develop Your Execution Strategy





Professional Goals

Example of Unifying Goal:

Grow Revenue by 20% and increase profit by 5% by end of December 2014

Example of Area of Focus:

- 1. Marketing
- 2. Business Development
- 3. Services
- 4. Operations



Professional Goals

Unifying Goal: Grow Revenue by 20% and increase profit by 5% by December 2014

Area of Focus 1: Marketing

Meaningful Objective: Local Paper publish business article about

company

Meaningful Objective: Distribute 12 monthly Digital Newsletters

Area of Focus 2: Business Development

Meaningful Objective: Create 15 new "SMB" Clients

Area of Focus 3: Services

Meaningful Objective: Deliver \$200,000 in Billable services

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Personal Goals

Example of Personal Vision:

Grow my Business easily, celebrate getting married in November; take an awesome honeymoon, lose 10 Kg, attend church every Sunday...

Example of Area of Focus:

- 1. Career
- 2. Family & Friends
- 3. Finance
- 4. Health & Well-Being
- 5. Spiritual and Community Service
- 6. Home



Personal Goals

Personal Vision: Grow my Business easily, celebrate getting married in November; take an awesome honeymoon, lose 10 Kg, attend church every Sunday...

Area of Focus 1: Career

Meaningful Objective: Work in alliance with Jeff to grow

the business

Area of Focus 2: Family & Friends

Meaningful Objective: Get married on November with

family and Friends

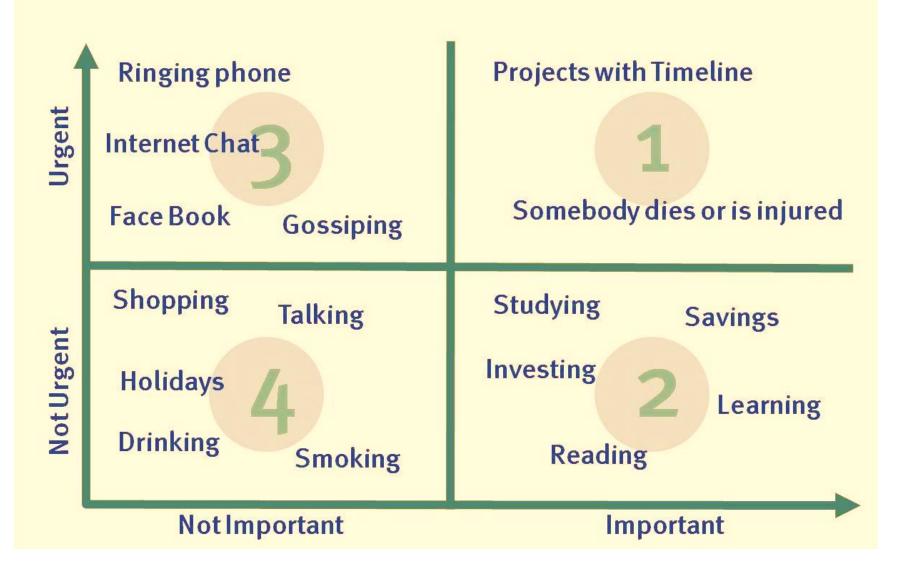
Area of Focus 3: Finance

Meaningful Objective: Increase net worth

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Item To-Do Time to Related to? Context Execute

The "Urgent - Importance" Matrix



Live The Life You Always Wanted!



